

Valley Forge Elementary Lunch Menu



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Meal Prices

Student Paid \$2.75
Student Reduced \$.40
Adult Lunch \$4.50

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HAVE A GREAT SUMMER!

1
Pasta with Meat sauce
Baby Carrots, Broccoli,
Applesauce

2
Cheesesteak on a sub Roll,
Baked Beans, Orange Smiles,
Apple Slices

3
Pizza
Green Beans, Tossed Salad,
Pears
NO

B CHOICE

THIS WEEKS ALTERNATE ENTRÉE'S

B) Cheeseburger on a Bun, C) PBJ ▼ on Whole Wheat, D) Ham & Cheese Sandwich E) Taco Salad

6
French Toast Sticks w/Sausage
Patty, Orange Juice, Baked
Potato Puffs Baby, Carrots
w/Dip, Apple Slices

7
Chicken Patty on a Bun, Baby
Carrots, Peas, Fresh Apple,
Pears

8
Apple Filled Breadsticks,
String Cheese,
Steamed Corn
Chilled Peaches

9
Soft Taco w/ Cheese, Tomato,
Lettuce, Salsa, Corn, Black
Bean Salad, Fresh Grapes

10
Chicken Quesadilla Pizza,
Green Beans, Tossed Salad,
Apple Slices
NO B CHOICE

THIS WEEKS ALTERNATE ENTRÉE'S

B) Baked Breaded Chicken Nuggets w/ WW Dinner Roll, C) PBJ ▼ on Whole Wheat, D) Yogurt Bites, E) Chicken Caesar Salad

13
Chili w/Beans
White Rice, Steamed Corn,
Chilled Peaches

14
Cheesesteak on a sub Roll,
Baked Beans, Orange Smiles,
Applesauce

15
Hot Ham & Cheese Sandwich
on a Kaiser Roll, Steamed
Broccoli, Peaches

16
Chicken Nuggets
Green Beans, Tossed Salad,
Diced Pears

THIS WEEKS ALTERNATE ENTRÉE'S

B) Cheeseburger on a Bun, C) PBJ ▼ on Whole Wheat, D) Ham & Cheese Salad E) Taco Salad

Milk is Available with all meals: Non-Fat Chocolate, 1% White and Skim ■ 4oz Apple and Grape Juice is available with each meal